



THE  
COVENANT  
PREPARATORY  
SCHOOL

**IS YOUR CHILD TOO SICK FOR SCHOOL?**

Keep your child home from school if:

- ✎ Your child had a fever of 100° F or higher at any time within the last 24 hours.
- ✎ Your child is being treated for strep throat (your child must be on antibiotics for 24 hours before coming back to school.)
- ✎ Your child was sick with vomiting or watery diarrhea within the last 24 hours.
- ✎ Your child has a lasting cough
- ✎ Your child has had body aches/weakness/shivering
- ✎ Your child is experiencing a shortness in breath
- ✎ Your child has expressed a loss of taste or smell
- ✎ Your child has crusted or matted eyelashes and/or green, yellow, or white sticky eye drainage along with eye redness. (NOTE: Your child needs to see the doctor for medication. They can return to school with treatment or doctor's note.)

**Please call your doctor or school nurse if you have any questions or concerns, or if your child does not seem to be getting better.**

When your child has a cold please remember:

- ✎ Send a box of tissues with your child.
- ✎ Remind your child to cover their nose and mouth when coughing or sneezing. Teach them to cough or sneeze into their bent arm (inside of elbow).
- ✎ Encourage your child to wash hands often.
- ✎ It is important to use Tylenol or Ibuprofen for fever. Do not use aspirin as it can cause Reyes Syndrome, which can be fatal to your child.

Contact the school nurse if you have any questions. 281-359-1090 ext. 239